## The City of Newport

Will be holding a FREE
Lifeguards Class
for anyone 15 years or older

at

## Newport Veteran's Memorial Pool (Vet's Pool) 26 Caroline Drive, Newport

This is for Lifeguard Candidates that are interested in employment at the Newport Veteran's Memorial Pool (Vet's)

Deadline to accept applications is Friday, May 12, 2017

For additional information contact: Human Resources @ 655-6349 Download application at www.newportky.gov

### FREE Lifeguard Class

# For the Newport Veterans Memorial Pool (Vet's Pool) ONLY

All candidates **MUST** attend a Free Stroke Clinic at the Vet's Pool on Wednesday, May 17<sup>th</sup> from 6:00 p.m. – 7:00 p.m. and Thursday, May 18<sup>th</sup> from 6:00 p.m. – 7:00 p.m. Candidates must be able to meet the pre-requisites as follows:

- 1. Minimum of 15 years of age. Must bring proof of age and complete an employment application at the City of Newport, Human Resources Department located at 998 Monmouth Street, Newport 2<sup>nd</sup> floor.
- 2. Swim 300 yards continuously, using the strokes in the following order:
  - 100 yards of front crawl using rhythmic breathing and stabilizing propellant kick
  - 100 yards of breaststroke
  - 100 yards of front crawl and / or breaststroke. This can be a mixture of front crawl and breaststroke.
- 3. Swim 20 yards using front crawl or breaststroke, surface dive to a minimum of 13 feet, retrieve a 10 pound object, return to the surface and back to the starting point, keeping the face above water and holding the 10 pound object with both hands.
- 4. Stroke Clinics are highly recommended prior to taking the Lifeguard Training course.
- 5. Appropriate swimming attire **ONLY**. One-piece swimsuits are required for all water sessions.

PRESCREEN WILL BE HELD ON FRIDAY, MAY 19, 2017
IF NOT ALREADY QUALIFIED
FROM 6:00 P.M. TO 7:00 P.M.

See information about REQUIRED classes on following page.

Lifeguard classes will be held at the Veteran's Memorial Pool for the following dates and times. **ALL CANDIDATES MUST ATTEND EVERY CLASS**:

Saturday, May 20, 2017	8:30  a.m. - 3:30  p.m.
Sunday, May 21, 2017	10:30 a.m. – 7:00 p.m.
Monday, May 22, 2017	5:00 p.m. – 9:00 p.m.
Tuesday, May 23, 2017	4:00 p.m. – 8:00 p.m.
Wednesday, May 24, 2017	4:00 p.m. – 8:00 p.m.

### **ORIENTATION ALL POOL STAFF**

Thursday, May 25, 2017 4:00 p.m. – 7:00 p.m.

### **DRILLS ALL POOL STAFF**

Friday, May 26, 2017 5:00 p.m. – 8:00 p.m.

Candidates that do not successfully complete the class or remain employed thru the 2017 pool season with the City of Newport will be required to reimburse the City of Newport at pro-rated amount based on remaining pool season.

Go to www.newportky.gov to download an application or

for additional information contact: Human Resources @ 655-6349